



EMILY HOLLIDAY

CONTACT

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🌐 www.missemilyscounseling.com

ABOUT ME

Motivated and empathetic individual with hands-on experience helping youth navigate emotional, social, and academic challenges. Through my work as a Crisis Text Line Counselor, Childcare Provider, and Substitute Teacher, I have developed strong skills in de-escalation, behavior management, and supportive communication. I am committed to fostering a positive, nurturing environment in my future role as school counselor where every student feels heard, valued, and supported.

EDUCATION

CALIFORNIA STATE UNIVERSITY, CHICO

Bachelor of Arts In Liberal Studies
Minor In Special Education
2019-2023

UNIVERSITY OF MASSACHUSETTS GLOBAL

MA in School Counseling
PPS Credential
Child Welfare Authorization
2023-2026

SKILLS

- Active Listening
- Empathy & Rapport Building
- Crisis Intervention
- Conflict Resolution
- Behavior Management
- Time Management

WORK EXPERIENCE

CRISIS TEXT LINE COUNSELOR

Crisis Text Line (2025-Present)

Provided real-time emotional support and de-escalation to individuals experiencing crises through text-based communication. Assessed risk, ensured safety through evidence-based intervention techniques, and collaborated with supervisors when needed to create personalized coping strategies. Maintained confidentiality, accurate documentation, and a trauma-informed, non-judgmental approach in every conversation.

SUBSTITUTE TEACHER

Chico Unified School District (2023-2024)

Delivered instruction and classroom supervision across multiple grade levels, ensuring continuity of learning in the absence of regular teachers. Fostered a safe, inclusive, and well-managed classroom environment by using strong behavior management, communication, and adaptability skills. Supported students' academic, social, and emotional needs while following established lesson plans and school policies.

CERTIFICATION

PUPIL PERSONNEL SERVICES CREDENTIAL IN SCHOOL COUNSELING

2026- CTC

CHILD WELFARE AND ATTENDANCE (CWA) AUTHORIZATION

2026- CTC

SCHOOL COUNSELING ASSOCIATION LEADERSHIP SPECIALIST

2025- ASCA U

CHILDCARE PROVIDER

In Motion Fitness (2023-2025)

Provided attentive care to children of diverse ages while promoting social-emotional development through structured play, positive behavior modeling, and supportive communication. Assisted children in navigating peer conflicts, expressing emotions appropriately, and building cooperative skills. Engaged with parents to maintain consistent expectations and ensure a safe, nurturing environment. Strengthened foundational skills in empathy, rapport-building, and child development essential for a future school counseling role.